



# CGU

# Annual Programmes

# 2020

CAREER GUIDANCE UNIT | UNIVERSITY OF PERADENIYA

## 1. Orientation Programmes

Starting University can cause anxiety in new students because of all the unknowns. Student orientation programs are designed to guide students in answering all of those questions they have about the university life. CGU conduct sessions in orientation programmes of each faculty to share information on career development with students for their vision building and career planning from the inception. CGU is trying to achieve three objectives all orientation programs:

1. introducing CGU and its' services to students
2. Share ideas and strategies on adapting students to their new environment
3. Provide career orientation to build insight on ones future.

No	Date	Name	Resource Person	Participants	No of Participants
01	07.02.2020	Orientation Program	Career Guidance Unit staff	New comers - Faculty of Arts	999
02	11.02.2020	Orientation Program	Career Guidance Unit staff	New comers - Faculty of AHS	185
03	18.02.2020	Orientation Program	Career Guidance Unit staff	New comers - Fac. of Management	171

## 2. Training and Workshop on Career and Professional Skills Development

CGU organizes unique training programs which are designed to help undergraduates and graduates proactively plan for their future careers and set career goals and objectives. We provide training throughout a full academic lifecycle, where students are guided appropriately in relevant stages of their academic, career, and personal life. The main objective of the training and workshop is to produce highly employable empathetic graduates who would fit the diverse sectors including state, private, NGO, and self-employment sectors.

Training Programmes are offered by the CGU under the following themes for undergraduates and graduates of the University of Peradeniya.

- The transition from School to University
- Personal Grooming
- Career Exploration
- Self-Assessment Programme
- Employability Skills Development
- Soft Skills Development
- Pursuing Higher Studies
- Mental Health

Further, as per the requests by students and staff, CGU organizes customized career and professional development training focused on the specific field of studies which is delivered to different faculties and departments of the University of Peradeniya.

No	Date	Name	Resource Person	Participants	No of Participants
01	01.01.2020	Motivation, talent development and personality building training	Career Guidance Unit staff & Robarosiya Team	First year students of Fac. of Engineering	363
02	02.01.2020	Internship Orientation Program	Mr. Harsha Munasinghe, Team Builder, Sumithrayo	Undergraduates	22
03	31.01.2020	Program on presentation skills development	Ms. Sumudu Lankathilaka Career Advisor, CGU,UOP	Undergraduates	10
04	31.01.2020	Program on presentation skills development	Ms. Sumudu Lankathilaka Career Advisor, CGU,UOP	Undergraduates	10
05	06.02.2020	Personality Development program - session 1	Career Guidance Unit & staff	First year students of Fac. of Science	86

06	11.02.2020	Workshop on vision building & teamwork	Career Guidance Unit staff & Robarosiya Team	First year students of Vet. Med. & Animal Science	86
07	11.02.2020	Personality Development program - session 2	Career Guidance Unit staff & Robarosiya Team	First year students of Fac. of Science	89
08	13.02.2020	Personality Development program - session 3	Career Guidance Unit staff & Robarosiya Team	First year students of Fac. of Science	78
09	14.02.2020	CV writing & Interview facing	Ms. Sumudu Lankathilaka Career Advisor CGU, UOP.	Undergraduates	4
10	18.02.2020	Personality Development Program – session 4	Career Guidance Unit staff & Robarosiya Team	First year students of Fac. of Science	64
11	27.02.2020	Workshop on CV Writing & Interview Facing	Ms. Sumudu Lankathilaka, Career Advisor, GGU,UOP	Undergraduates	30
12	28.08.2020	Personal Development Program	Mr. Shamri Ahafurdeen, Head - Operations & Business Development, APIIT Sri Lanka	Applied Science Students of Faculty of Science	58
13	04.09.2020	Workshop on CV Writing & Interview Facing	Ms. Sumudu Lankathilaka Career Advisor, CGU,UOP	Final year students	10
14	11.09.2020	Workshop on CV Writing & Interview Facing	Ms. Sumudu Lankathilaka, Career Advisor CGU, UOP.	Undergraduates	07
15	11.09.2020	Are you ready for the NEW WORLD OF WORK? 1. A Panel discussion with industry professionals	John Keels Foundation	Undergraduates (Microsoft Team)	42
16	18.09.2020	Are you ready for the NEW WORLD OF WORK? 2. CV Writing & Interview Skills + Workplace essentials	John Keels Foundation	Undergraduates (Microsoft Team)	38
17	18.09.2020	Workshop on CV Writing & Interview Facing	Ms. Sumudu Lankathilaka, Career Advisor, CGU,UOP	Undergraduates	6
18	25.09.2020	Are you ready for the NEW WORLD OF WORK? 3. Personal Grooming and Social Etiquette	John Keels Foundation	Undergraduates (Microsoft Team)	37
19	25.09.2020	Workshop on CV Writing & Interview Facing	Ms. Sumudu Lankathilaka, Career Advisor CGU,UOP	Applied Science Students of Faculty of Science	55
20	29.09.2020	The program of Online Platform for C.V. Writing & Student Placement	hSenid Software Lanka Pvt. Ltd.	Undergraduates	42
21	23.10.2020	CGU online Workshop Series 1. Workshop on CV Writing & Interview facing	Ms. Sumudu Lankathilaka, Career Advisor, CGU,UOP	Undergraduates	82
22	09.11.2020	Psychometric test to measure your potential (online )	Prof.D.A.N. Dharmasena, Director, CGU,UOP/Mrs. Achini Purnima de Silva, Career Guidance Counsellor, CGU,UOP.	Undergraduates	177

23	13.11.2020	CGU online Workshop Series 2. Essential employability skills for career development	Ms. Sumudu Lankathilaka, Career Advisor, CGU,UOP	Undergraduates	54
24	19.11.2020	JobsDB - Workshop on CV creating	hSenid Software Lanka Pvt. Ltd.	Google meet- Undergraduates	30
25	20.11.2020	JobsDB - Workshop on CV creating	hSenid Software Lanka Pvt. Ltd.	Google meet- Undergraduates	05
26	26.11.2020	CGU online Workshop Series 3. Workshop on how to balance work & Personal life	Mr. Danasiri Wijedasa, Head of Outsourcing , hSenid Software Lanka Pvt. Ltd.	Google meet- Undergraduates	17
27	02.12.2020	Mental & Physical Fitness for success	Prof.D.A.N. Dharmasena, Director, CGU,UOP	Dept. of Marketing Management, Fac. Of Management.	26
28	11.12.2020	CGU online Workshop Series 4. Facing an interview for entering the professional world - online	Ms. Sumudu Lankathilaka CGU,UOP	Undergraduates	285
29	23.12.2020	Create your own website (Wordpress Workshop)	hSenid Software Lanka Pvt. Ltd.	Undergraduates	12

### 3. Entrepreneurship Programmes

University graduates are behind many of today's most successful and innovative companies. With the knowledge, skills and contacts they acquire at university, graduates are especially likely to found the innovative startups that are integral to economic success in the 21st century.

CGU conduct number of entrepreneur skills development programmes to motivate and guide students at University of Peradeniya to groom themselves as successful entrepreneurs by improving their entrepreneur skills.

No	Date	Name	Resource Person	Participants	No of Participants
01	26.02.2020	National Youth Dialogue on Leadership, Innovation & Entrepreneurship Program	UNDP Sri Lanka	Undergraduates	05
02	28.10.2020	Webinar on employment decision after graduation from University - Session 1 -Be an employer or job creator	CGU, University of Colombo, collaboration with IDEU	Registered by CGU(UOC) -Online	21
03	13.11.2020	Be a Social Entrepreneur	University Business Linkage Cell (Billitto) & British Council	online (fresh graduates & undergraduates)	86
04	19.11.2020	Webinar on employment decision after graduation from University - Session 11 -Be an employer or job creator	CGU, University of Colombo, collaboration with IDEU	Registered by CGU(UOC) -Online	18
05	11.12.2020	Social Entrepreneurship	NEDA Staff		10
06	14.12.2020	Graduate Entrepreneurship	NEDA Staff		10

## 5. University to Community Programmes (U2C)

U2C is the University Social responsibility (USR) programme of the CGU which delivers intending to make a positive difference in the social, educational and mental wellbeing of our communities through public events and activities.

We actively engage and involve the public, creating benefits for the University and wider society. Connecting, sharing, and involving the public with our knowledge and resources allows us to make a difference in communities, nationally and internationally.

As responsible citizens and leaders of tomorrow, we want to ensure that our graduates develop not only academic and professional skills but also a sense of ethical, social, and environmental responsibility towards the societies they will serve. Therefore, U2C programme functions with the support of students and students' societies that are active with similar objectives.

No	Date	Name	Resource person	Participants	No Participants
01	20.02.2020	Career Guidance Seminar for school children	Career Guidance Unit staff & Robarosiya Team	Students of Swarnajothi Maha Viduhala, Kiribathkumbura.	38
02	23.09.2020	Career Guidance workshop	Ms. Sumudu Lankathilaka Career Advisor, CGU,UOP.	Y.W.M.C. Students	33

## 6. Other Activities

No	Date	Name	Resource person	Participants	No Participants
01	10.03.2020	Industrial meeting - Graduate placement		Gentium Student Consultants group	04
02	28.05.2020	Meeting with NEDA(National Enterprise Development Authority)		NEDA group	03
03	23.06.2020	Brainstorming session for developing a strategic plan for internationalization - UOP		Academic Staff	09

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