



# CGU

# Annual Programmes

# 2017

CAREER GUIDANCE UNIT | UNIVERSITY OF PERADENIYA

## 1. Orientation Programmes

Starting University can cause anxiety in new students because of all the unknowns. Student orientation programs are designed to guide students in answering all of those questions they have about the university life. CGU conduct sessions in orientation programmes of each faculty to share information on career development with students for their vision building and career planning from the inception. CGU is trying to achieve three objectives all orientation programs:

1. introducing CGU and its' services to students
2. Share ideas and strategies on adapting students to their new environment
3. Provide career orientation to build insight on ones future.

No	Date	Name	Resource person	Participants	No of Participants
01	13.01.2017	Orientation program- Introduction to Career development	Director CGU & Staff	Faculty of Management	160
02	16.02.2017	Orientation program- Introduction to Career development	Director CGU & Staff	Faculty of Agriculture	230
03	09.11.2017	Orientation program-Career guidance seminar	Director CGU & Staff	Fac. of Engineering	415
04	22.11.2017	Orientation program-Career guidance seminar	Director CGU & Staff	Fac. of Management	167
05	18.12.2017	Orientation program-Career guidance seminar	Director CGU & Staff	Fac. of AHS	175
06	20.12.2017	Orientation program-Career guidance seminar	Director CGU & Staff	Faculty of Science	506

## 2. Training and Workshop on Career and Professional Skills Development

CGU organizes unique training programs which are designed to help undergraduates and graduates proactively plan for their future careers and set career goals and objectives. We provide training throughout a full academic lifecycle, where students are guided appropriately in relevant stages of their academic, career, and personal life. The main objective of the training and workshop is to produce highly employable empathetic graduates who would fit the diverse sectors including state, private, NGO, and self-employment sectors.

Training Programmes are offered by the CGU under the following themes for undergraduates and graduates of the University of Peradeniya.

- The transition from School to University
- Personal Grooming
- Career Exploration
- Self-Assessment Programme
- Employability Skills Development
- Soft Skills Development
- Pursuing Higher Studies
- Mental Health

Further, as per the requests by students and staff, CGU organizes customized career and professional development training focused on the specific field of studies which is delivered to different faculties and departments of the University of Peradeniya.

No	Date	Name	Resource person	Participants	No of Participants
01	18.01.2017	Image Building Program	Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP & CGU staff	Faculty of Science	502
02	25.01.2017	Career guidance awareness Program	Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP	Faculty of Science	502
03	01.02.2017	How to face an interview	Ms. Sumudu Lankathilaka, Career Advisor, CGU, UOP	Fac. of Science/ Agriculture	05

04	09.02.2017	Training program of CAD, in collaboration with CADD Center Lanka (Pvt) Ltd.	CADD Center Lanka (Pvt) Ltd.	Students of Faculty of Agriculture	39
05	18.02.2017	Training program of CAD, in collaboration with CADD Center Lanka (Pvt) Ltd.	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	32
06	22.02.2017	Career development - awareness program	Ms. Sumudu Lankathilaka, Career Advisor, CGU, UOP	Fac. Of Science	04
07	25.02.2017	Training program of CAD, collaboration with CADD Center Lanka (Pvt) Ltd.	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	19
08	04.03.2017	Training program of CAD, in collaboration with CADD Center Lanka (Pvt) Ltd.	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	17
09	06.03.2017	Career counselling -Induction programme for Academic Staff – 2017/ Staff Development Center	Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP	Academic Staff	24
10	11.03.2017	Training program of CAD, in collaboration with CADD Center Lanka (Pvt) Ltd.	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	18
11	13.03.2017	Career Guidance program	Ms. Sumudu Lankathilaka, Career Advisor, CGU, UOP	Students of Agriculture	03
12	16.03.2017	Career Guidance/Interview skills for small group	Director – Career Guidance	Academic staff, Fac.of Agriculture	26
13	18.03.2017	Training program of CAD, in collaboration with CADD Center Lanka (Pvt) Ltd.	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	18
14	25.03.2017	Introduction to student counseling -training session	Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP	Temporary staff, Fac of Agri	56
15	31.03.2017	Program of How to face an interview	Ms. Sumudu Lankathilaka, Career Advisor, CGU, UOP	Faculty of Arts	20
16	01.04.2017	CAD skills training in collaboration with CADD Center Lanka (Pvt) Ltd. (2nd)	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	85
17	22.04.2017	CAD skills training in collaboration with CADD Center Lanka (Pvt) Ltd. (2nd)	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	75
18	29.04.2017	CAD skills training in collaboration with CADD Center Lanka (Pvt) Ltd. (2nd)	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	71
19	06.05.2017	CAD skills training in collaboration with CADD Center Lanka (Pvt) Ltd. (2nd)	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	69
20	18.05.2017	Counseling for a successful future-seminar	Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP	Mahailluppallama 1st year students	151

21	20.05.2017	CAD skills training in collaboration with CADD Center Lanka (Pvt) Ltd. (2nd)	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	58
22	26.05.2017	Career Guidance workshop ( Job search Technique, C.V. writing, Cover letter writing)	Ms. Swinitha Coswatte Formar HR Consultant, Ceylon Chamber of Commerce.	Undergraduates	63
23	27.05.2017	CAD skills training in collaboration with CADD Center Lanka (Pvt) Ltd. (2nd)	CADD Center Lanka (Pvt) Ltd	Students of Faculty of Agriculture	65
24	15.06.2017	CV Writing & How to face an interview	Ms. Sumudu Lankathilaka, Career Advisor, CGU, UOP	For AHS Students	21
25	16.06.2017	Workshop on Career Development & Women Empowerment	Ms. Pushpa Ramyani Zoysa, National Coordinator, (Training) Accident Service, National Hospital of Sri Lanka. Ms. Pooja Umasankar, Brand Ambassador Fems, Social Advocate/Actress Mr. Niranjana Perera, Director, Human Resources, Hemas Manufacturing (Sponsored by Hemas group of companies	Undergraduates	141
26	15.07.2017	Career Development seminar	Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP Dr.(Mrs.) Chandima Herath, MO, University Health Centre, UOP	For all faculty Students	142
27	22.09.2017	Oba Asirimathya - Soft Skills Development workshop	Ministry of Labor and Trade Union Relations	For all faculty Students	37
28	23.09.2017	Oba Asirimathya - Soft Skills Development workshop	Ministry of Labor and Trade Union Relations	For all faculty Students	35
29	24.09.2017	Oba Asirimathya - Soft Skills Development workshop	Ministry of Labor and Trade Union Relations	For all faculty Students	35
30	07.10.2017	Training program on psycho-social counseling	Dr. B.M.K. Perera, Former Director, Career Guidance Unit, University of Peradeniya.	Undergraduates	37
31	14.10.2017	Training program on psycho-social counseling	Prof. D.A.N. Dharmasena Director/Career Guidance Unit, UOP	Undergraduates	29
32	21.10.2017	Training program on psycho-social counseling	Dr. B.M.K. Perera, Former Director, CGU, UOP	Undergraduates	26

33	11.11.2017	Training program on psycho-social counseling	Ms. Tina Solamans Snr. Lecturer, Dept. of Psychology, Kothalawala Defense	Undergraduates	25
34	18.11.2017	Training program on psycho-social counseling	Ms. Sumudu Lankathilaka, Career Advisor, CGU, UOP	Undergraduates	24
35	09.10.2017	Personality Development Program	Ms. Wijesooriya, Medical Superintendent, Mawanella Hospital. Kapila Gunasekara Professor Emeritus, Dept. of Agri-Engineering, Faculty of Agriculture. Prof. D.A.N. Dharmasena Director, Career Guidance Unit, UOP	Students of Faculty of Allied Health Science	140

### 3. Entrepreneurship Programmes

University graduates are behind many of today's most successful and innovative companies. With the knowledge, skills and contacts they acquire at university, graduates are especially likely to found the innovative startups that are integral to economic success in the 21st century.

CGU conduct number of entrepreneur skills development programmes to motivate and guide students at University of Peradeniya to groom themselves as successful entrepreneurs by improving their entrepreneur skills.

No	Date	Name	Resource person	Participants	No of Participants
01	03.03.2017	How to start graduate self-employment – Meeting for start the programme	National Enterprise Development Authority- Staff	CGU & NEDA Staff	10
02	15.09.2017	NEDA Start your own business - Awareness program	National Enterprise Development Authority- Staff	Undergraduates	53
03	19.10.2017	NEDA Start your own business - first phase ( Day 01)	National Enterprise Development Authority- Staff	Undergraduates	40
04	20.10.2017	NEDA Start your own business - first phase ( Day 02)	National Enterprise Development Authority- Staff	Undergraduates	40
05	09.11.2017	NEDA -business proposal writing training - second phase (Day 01)	National Enterprise Development Authority- Staff	Undergraduates	28
06	10.11.2017	NEDA -business proposal writing training - second phase (Day 02)	National Enterprise Development Authority- Staff	Undergraduates	22

07	17.11.2017	Business proposal writing training	National Enterprise Development Authority- Staff	Undergraduates	16
08	28.11.2017	NEDA workshop - Business proposal evaluation with Banks	Officers Of BOC, People's & RDB Banks	Undergraduates	19

### 5. University to Community Programmes (U2C)

U2C is the University Social responsibility (USR) programme of the CGU which delivers intending to make a positive difference in the social, educational and mental wellbeing of our communities through public events and activities.

We actively engage and involve the public, creating benefits for the University and wider society. Connecting, sharing, and involving the public with our knowledge and resources allows us to make a difference in communities, nationally and internationally.

As responsible citizens and leaders of tomorrow, we want to ensure that our graduates develop not only academic and professional skills but also a sense of ethical, social, and environmental responsibility towards the societies they will serve. Therefore, U2C programme functions with the support of students and students' societies that are active with similar objectives.

No	Date	Name	Resource person	Participants	No of Participants
01	15.05.2017	Career Development Workshop	Director- Career Guidance	Junior Research Officers IPHT, Anuradhapura	11

## 6. Other Activities

No	Date	Name	Resource person	Participants	No of Participants
01	06.11.2017	Self-employment promotion discussion	Director CGU & Staff	With a British council team	03
02	19.05.2017	Career advisory -faculty coordinator's meeting	Director -CGU	Faculty staff	07
03	13.06.2017	Career advisory -faculty coordinator's meeting	Director -CGU	Faculty staff	06
04	14.06.2017	“Job Fair “	Associated Newspaper of Ceylon Limited John Keels Holdings PLC	Graduates/undergraduates	513
05	27.11.2017	Career advisory -faculty coordinator's meeting	Director -CGU	Faculty staff	08
06	Year 2017	Individual student consultations	CGU- Staff	Undergraduates	96

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