



CGU

Annual Programmes 2016

CAREER GUIDANCE UNIT | UNIVERSITY OF PERADENIYA

1. Orientation Programmes

Starting University can cause anxiety in new students because of all the unknowns. Student orientation programs are designed to guide students in answering all of those questions they have about the university life. CGU conduct sessions in orientation programmes of each faculty to share information on career development with students for their vision building and career planning from the inception. CGU is trying to achieve three objectives all orientation programs:

1. introducing CGU and its' services to students
2. Share ideas and strategies on adapting students to their new environment
3. Provide career orientation to build insight on ones future.

No	Date	Name	Resource person	Participants	No of Participants
01	12.01.2016	Orientation program - Introduction to Career Guidance Unit	Mrs. Arosha Perera, Act. Director CGU/UOP	New students, 2015/2016, Faculty of Arts	191
02	19.01.2016	Orientation program - Introduction to Career development	Mrs. Arosha Perera, Act. Director CGU/UOP	New students, 2015/2016, Faculty of Management	160
03	03.02.2016	Orientation program – Happy life in the University	Mrs. Arosha Perera, Act. Director CGU/UOP	New students, 2014/2015, Faculty of Allied Health Sci.	173

2. Training and Workshop on Career and Professional Skills Development

CGU organizes unique training programs which are designed to help undergraduates and graduates proactively plan for their future careers and set career goals and objectives. We provide training throughout a full academic lifecycle, where students are guided appropriately in relevant stages of their academic, career, and personal life. The main objective of the training and workshop is to produce highly employable empathetic graduates who would fit the diverse sectors including state, private, NGO, and self-employment sectors.

Training Programmes are offered by the CGU under the following themes for undergraduates and graduates of the University of Peradeniya.

- The transition from School to University
- Personal Grooming
- Career Exploration
- Self-Assessment Programme
- Employability Skills Development
- Soft Skills Development
- Pursuing Higher Studies
- Mental Health

Further, as per the requests by students and staff, CGU organizes customized career and professional development training focused on the specific field of studies which is delivered to different faculties and departments of the University of Peradeniya.

No	Date	Name	Resource person	Participants	No of Participants
01	06.01.2016	Training program on counseling	Mrs. Arosha Perera, Act. Director CGU/UOP	Student counselors - Faculty of Arts	18
02	27.01.2016	Unilever Future Leaders Program	Unilever Company & Staff	3rd year & 4th year student of Faculty of Engineering	226
03	17.02.2016	IELTS Open Seminar	CGU, UOP with British Council of Sri Lanka, Kandy Branch	For all Staff and Students	47
04	17.03.2016	Road to Success Program	Mrs. Arosha Perera, Act. Director CGU/UOP. Mr. S.A.S Dasun, Tem. Career Guidance Counsellor, CGU, UOP.	B.com Students, Faculty Management	56

05	24.03.2016	Road to Success Program	Mrs. Arosha Perera, Act. Director CGU/UOP. Mr. S.A.S Dasun, Tem. Career Guidance Counsellor, CGU, UOP.	B.com Students, Faculty Management	20
06	23.03.2016	Career Development Seminar Series	Mrs. Arosha Perera, Act. Director CGU/UOP. Mr. S.A.S Dasun, Tem. Career Guidance Counsellor, CGU, UOP	Faculty of Arts students	22
07	24.03.2016	Career Development Seminar Series	Mrs. Arosha Perera, Act. Director CGU/UOP. Mr. S.A.S Dasun, Tem. Career Guidance Counsellor, CGU, UOP	Faculty of Arts students	16
08	28.03.2016	Career Development Seminar Series	Mrs. Arosha Perera, Act. Director CGU/UOP. Mr. S.A.S Dasun, Tem. Career Guidance Counsellor, CGU, UOP	Faculty of Arts students	16
09	25.04.2016	Presentation skills development workshop	3WGE Pvt Ltd.	Faculty of Arts students	28
10	30.04.2016	Employability Skills Development program	Mrs. Irushi Aluwihare, Director of Image Consultants Sponsored by The Ceylon Chamber of Commerce / Sampath Bank	Undergraduates	227
11	17.05.2016	Career Guidance program	Mrs. Arosha Perera, Act. Director CGU/UOP, Mr. S.A.S Dasun, Tem. Career Guidance Counsellor, CGU, UOP	Faculty of Allied Health Students Batch 2014/2015	141
12	29.05.2016	Career Guidance workshop	Mrs. Arosha Perera, Act. Director CGU/UOP	Faculty of Allied Health Students	14
13	16.06.2016	How to face the exam successfully	Mrs. Arosha Perera, Act. Director CGU/UOP	First year student in Faculty of Arts	58
14	18.06.2016	What makes a graduate employable?	(AAUP), University of Peradeniya	Undergraduates	35

15	29.08.2016	Image Building & Personality Development Program	CEAT Lanka Pvt. Ltd.	Undergraduates	30
16	09.09.2016	Oba Asirimathya – Soft Skills Development Workshop	Ministry of Labor and Trade Union Relations	Undergraduates	40
17	10.09.2016	Oba Asirimathya – Soft Skills Development Workshop	Ministry of Labor and Trade Union Relations	Undergraduates	40
18	11.09.2016	Oba Asirimathya – Soft Skills Development Workshop	Ministry of Labor and Trade Union Relations	Undergraduates	38
19	04.10.2016	Role of Career Guidance Unit	Mrs. Arosha Perera, Act. Director CGU/UOP	Students of Management studies	33
20	18.10.2016	Career Guidance program	Mrs. Arosha Perera, Act. Director CGU/UOP	Student of Faculty of Agriculture	07
21	28.10.2016	Career Guidance program	Mrs. Arosha Perera, Act. Director CGU/UOP	Student of Faculty of Agriculture	06
22	04.11.2016	Career Guidance program	Mrs. Arosha Perera, Act. Director CGU/UOP	Student of Faculty of Agriculture	07
23	06.12.2016	Career Guidance workshop	Mr. Dammika Kobbakaduwa, General Manager HRM, Lalan Rubber (Pvt) Ltd Mr. Ravi Mulleriyawa, The Manager, DFCC Bank, Peradeniya. Mr. Deshan Bandara Rajaguru, Instructor in English, ELTU, Faculty of Medicine.	Accounting & Finance students of Faculty of Management	25

3. Entrepreneurship Programmes

University graduates are behind many of today's most successful and innovative companies. With the knowledge, skills and contacts they acquire at university, graduates are especially likely to found the innovative startups that are integral to economic success in the 21st century.

CGU conduct number of entrepreneur skills development programmes to motivate and guide students at University of Peradeniya to groom themselves as successful entrepreneurs by improving their entrepreneur skills.

No	Date	Name	Resource person	Participants	No of Participants
01	02.06.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA)-Awareness session	National Enterprise Development Authority	Undergraduates & Graduates	168
02	02.06.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA)- Awareness session	National Enterprise Development Authority	Senior student counselors	21
03	20.07.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA)- Awareness session	National Enterprise Development Authority	Students of Fac. Engineering	188
04	23.09.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA) - first phase	National Enterprise Development Authority	Undergraduates	20
05	24.09.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA) - first phase	National Enterprise Development Authority	Undergraduates	15
06	07.10.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA) – Second phase	National Enterprise Development Authority	Undergraduates	15
07	08.10.2016	Graduate Entrepreneurship Programm –‘Start your own business’ - (NEDA) – Second phase	National Enterprise Development Authority	Undergraduates	11
08	01.11.2016	Entrepreneurship program -meeting for making business proposals of students	Staff of the NEDA	Undergraduates & Graduates/UO	20
09	03.11.2016	Evaluation business plans with bank	Staff of BOC, Peoples & RDB Banks	Undergraduates & Graduates	19

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